

القطعة الأولى

Perhaps no Olympic champion had greater childhood hardships than Wilma Rudolph. When she was very young, Wilma had to walk with a brace on her left leg until she was 11 years old. Nine years later, she would win three gold medals at the 1960 Rome Olympics-becoming one of America's most beloved athletes.

But Wilma's triumph in Rome did not begin well. The day before her qualifying race in the 100-meter event, she tripped over a water pipe and severely sprained her ankle. But that night, the swelling went down. Wilma would make it to the starting line, but she had to keep her ankle taped throughout the Olympics.

Despite the injury, Rudolph won the gold medal in the 100-meter race. Even more remarkable, she won another in the 200 meters. Then to top off her glorious day, Wilma ran the anchor leg on the victorious 4 x 10 relay team. Rudolph became the star of the 1960 Olympic Games as newspapers all over the world called her "the fastest woman in the world."

1- The word *hardship* means :

- a. Times of ease
- b. Difficult times
- c. team
- d. Piece of cake

2- The fastest woman in the 1960 Rome Olympics is

- a. Wilma schnider
- b. Wilma Rudolph
- c. Wilma rome
- d. Filma

3- She won gold medals in the Rome Olympics.

- a. Two
- b. Three
- c. Five
- d. Thirteen

4- She became one of most beloved athletes.

- a. Italy's
- b. America's
- c. Rome's
- d. Jamaica's

5- She tripped and sprained her ankle before the

- a. 200 – meters event
- b. 100-meter event
- c. Relay race
- d. 300 –meter race

6- Wilma is from

- a. Italy
- b. America
- c. Sudan
- d. Australia

القطعه الثانيه

The game of basketball is enjoyed by many people around the world. It is perhaps the most popular indoor sport in the United States. The object of the game is to **score** points by shooting a ball through a **hoop**. The game is played by two teams, each consisting of 12 players and a coach, with five players from each team on the court at any one time.

In the past, people with **disabilities** were not able to play basketball, but in the late 1930s, **modifications** were made to the game so that **paraplegics** could play as well. Most paraplegics **depend** on **wheelchairs** to be able to move around. Since paraplegics still have use of their arms, they are able to go up and down the length of the basketball court in their wheelchairs and shoot baskets.

In ordinary basketball, the ball can be moved by "**passing**" it from one player to another, or by "**dribbling**" in which the player bounces the ball as she or he moves. The ball may not be held for more than one **pace**.

Another modification of the rules of ordinary basketball involves lane violation. A Player with the ball is ordinarily allowed to stay in the dark, rectangle-shaped lane in front of the basket for only three seconds. In Wheelchair basketball, players are given an extra second. This extra second gives them a little more time to move around other wheelchairs. If a player stays in the lane for more than four seconds, she or he incurs a lane violation and the ball is given to the other team.

Other violations include the out-of-bounds violation and a physical advantage violation. In an out-of-bounds violation, a player's wheelchair touches the **boundary** lines around the outside of the basketball court. A physical advantage violation is one in which a player rises from his or her chair. In this case, the opposing team is **awarded** two free throws.

The rear wheels are about the size of a bicycle's wheels, and there are one or two small front wheels called casters. Basketball wheelchairs are made from materials that are lightweight **but** strong. Because they are specially designed, they can be quite expensive.

The game of wheelchair basketball can be exciting to watch. Since they use their upper bodies so much, wheelchair basketball players often develop into powerful shooters, and they are capable of some amazing shots.

27- the most popular indoor sport in the United States is

a . Basketball

b. Football

c. Wheelchair basketball

d. Tennis

28- Basketball is played by teams.

a . Two

b. Four

c. One

d. Three

29- each team consists of players.

a . 10

b. 12

c. 14

d. 5

30- In the late , modifications were made to the game.

a . 1940s

b. 1930s

c. 1903s

d. 1950s

31- The word modification means :

a .change

b. keeping the same thing

c. substitution

d. score

35 - The meaning of the word *Pace* is

- a. speed
- b. step
- c. pass
- d. peace

36- The opposite of the word *easy* is

- a. simple
- b. good
- c. hard
- d. Tender

37-The opposite of the word *down* is

- a. up
- b. near
- c. in
- d. beneath

38- The opposite of the word *heavyweight* is

- a. Heavy
- b. small
- c. lightweight
- d. extra-weight

39- The object of basketball game is to score points by shooting a ball through a

a .goal

b. hoop

c. bag

d .net

40- The opposite of the word *allowed* is

- a. possible
- b. impossible
- c. disallowed
- d. can be

41-In the game of basketball, the ball may not be held for more than pace.

- a. one
- b. two
- c. four
- d. three

42- A wheelchair player can dribble by placing the ball on his or her

- a. arms
- b. hand
- c. lap
- d. Wheelchair

43- Wheelchair basketball players use their so much.

- a. Lower bodies
- b. legs
- c. upper bodies
- d. heads

44- When a player rises from his or her chair, this violation is considered as a :

- a. Physical advantage violation
- b. traveling violation
- c. out-of-bounds violation
- d. arm violation

القطعة الثالثة

1 On a cold spring afternoon , while walking home from school , I detoured through the playground at the end of our alley . I saw a group of old men , tow seated across a folding table playing a game of chess, other smoking pipes , eating peanuts , and watching . I ran home and grabbed Vincent's chess set, which was bound in a cardboard box with rubber bands. I also carefully selected two prized rolls of Life Savers . I came back to the park and approached a man who was observing the game.

2 "want to play?" I asked him . His face widened with surprise and he grinned as he looked at the box under my arm .

3 "little sister , been a long time since I play with dolls," he said, smiling benevolently . I quickly put the box down next to him on the bench and displayed my retort.

4 Lau Po, as he allowed me to call him , turned out to be a much better player than my brother s. I lost many games and many life Savers. But over the weeks , with each diminishing roll of candies , I added new secrets . Lau Po gave me the names . The Humble Servant Who kills the King and more .

5 there were also the fine points of chess etiquette. Keep captured men in near rows, as well-tended prisoners. Never announce "check" with vanity , lest someone with an unseen sword slit your throat. Never hurl pieces into the sandbox after you have lost a game , because then you must find them again, by yourself , after apologizing to all around you. By the end of the summer, Lau Po had taught me all he knew, and I had become a better chess player .

6 A small weekend crowd of Chinese people and tourists would gather as I played and defeated my opponents one by one . My mother would join crowds during these outdoor exhibition games . She sat proudly an the bench telling my admirers with proper Chinese humility, "Is luck."

26- The word *diminish* means to

- a. make less
- b. increase
- c. cut
- d. avoid

27- The synonym of the word *vanity* is

- a. modesty
- b. pride
- c. simplicity
- d. humility

28- When you prevent someone from concentrating on something, you

- a. distract
- b. ask
- c. question
- d. observe.

29- The word *observe* means to

- a. Watch and listen to someone
- b. question someone
- c. catch someone
- d. leave someone

30- Chang is considered a small tablet of

- a. rock
- b. red jade
- c. medicine
- d. water

31- The opposite of the word *humility* is

- a. shame
- b. fear
- c. laughter
- d. pride

32- The opposite of the word *murmur* is

- a. cry
- b. talk
- c. shout
- d. hiss

33- The opposite of the word *grin* is

- a. Frown
- b. smile
- c. hiss
- d. laugh

34- The opposite of the word *avoid* is

- a. Connect
- b. confront
- c. arrange
- d. shout

35- The opposite of the word *diminish* is

- a. Distract
- b. increase
- c. soften
- d. grin

36- The boy's mother used her chang to give him

- a. bad luck
- b. luck
- c. money
- d. magic


37- The opposite of the word *defeat* is

- a. victory
- b. lose
- c. draw
- d. surrender


38- The synonym of the word *defeat* is

- a. win
- b. try
- c. beat
- d. decrease


39- The synonym of the word *opponent* is

- a. friend
- b. colleague
-  c. challenger
- d. oppression


40- The meaning of the word *slit* is

-  a. cut
- b. burn
- c. kill
- d. harm


41- When the boy detoured through the playground at the end of the ally, he

-  a. Old men
- b. young boys
- c. old women
- d. children


42- The name of the narrator's brother is

- a. Jack
-  b. Vincent
- c. Lau Po
- d. Stan

43- The boy ran home to grab his brother's

- a. table
-  b. chess set
- c. cardboard
- d. ball

44- In the passage the words *life savers* means : a kind of

- a. game
-  b. candy
- c. chess
- d. doll

45- The boy played chess in the park against a man called

- a. Stan
- b. Vincent
- c. Lau Po
- d. Jack

46- When a player takes an opponent's playing piece, that piece is called a :

- a. check
- b. man
- c. captured man
- d. falling man

47- By the end of, Lau Po taught the boy all he knew.

- a. Winter
- b. Spring
- c. Summer
- d. Autumn

48- When a person wins a game of chess, he or she says :

- a. Captured man
- b. lose
- c. check
- d. die

49- To bite back one's tongue means to :

- a. Keep quiet
- b. talk
- c. argue
- d. leave

50- The boy didn't want to play in the local tournament because they have

- a. Spanish rules
- b. Asian rules
- c. American rules
- d. Chinese rules

قوانين اللعبة

READING 4 : rules of the game.

يقلل

Diminish : make or become less يصنع أو يصبح أقل

شق

Slit : Cut قطع**كلمات قطعة قوانين اللعبة (الشطرنج)**

تواضع

Humility : low view of one's importance عرض منخفضة من أهمية واحد

يعض على لسانه

To bite back one's tongue : to keep quiet يلتزم الصمت

مراقبة

Observe : To watch or listen to someone. مشاهدة أو الاستماع إلى شخص

يشتت

Distract : Prevent someone from concentrating on something. يخصص من التركيز على شيء معين

فتسنت

Vincent : The narrator's brother. شقيق الراوي

منقذتي الحياة

Life savers : a kind of candy نوع من الحلوى

معجب

Admirer : When someone loves basketball player. عندما يفضل شخص لاعب معين

تجنب

Avoid : Trying to ignore that person and do not look to him. حاول تجاهل شخص ولا تنظر إليه**Benevolently** : إحسان**Etiquette** : آداب**Graciously** : بلطف

يتسم

Grin (verb) : A big smile. إنسامة كبيرة

همس

Hiss : When you speak in a low voice. عندما تتكلم بصوت منخفض

تواضع

Humility : the opposite vanity. مرادفها غرور

قذف

Hurl : When you throw something. عندما ترمي شيء عاليًا

كلمات قطعة قوانين اللعبة (الشطرنج)

Synonyms مرادفات		
غرور <i>Vanity = Pride</i> كبرياء	<i>Opponent = Challenger or Rival</i>	<i>Humility = Modesty</i>
Antonyms / Opposites تضاد أو العكس		
هزيمة <i>Defeat = Victory</i> انتصار	همهمة <i>Murmur = Shout</i> صرخه	كبرياء <i>Humility = Pride</i> تواضع
<i>Avoid = Confront</i> تجنب	ابتسامه <i>Grin = Frown</i> عبوس	

القبض على رجل

Captured men = in chess, when a player takes an opponent's playing piece, that piece is called a "captured man".
في لعبة الشطرنج، عندما يأخذ اللاعب اللبب قطعة معارضة وتسمى تلك القطعة "القبض على رجل".

كلمة بالشطرنج

Check: When a person wins a game of chess, he or she says, "check".
عندما شخص يفوز بالشطرنج، يقول شيك ليعلن فوزه.

العباب المعارض

Exhibition games : are practice games that give the players a chance to practice before a real tournament.
هي الألباب الممارسة التي تعطي اللاعبين فرصة لممارسة قبل البطولة الحقيقية.

أسرع امرأة في العالم

Reading 1: The world's Fastest woman.

المحبوب

Beloved : when we say our beloved country. عندما نقول بلدنا المحبوب.

دعامة

Brace : Put something in your leg or your arm if it is broken in surgery. في الجراحة يتم وضعها في الساق أو اليد أثناء تعرضها للكسر.**Glorious** : مجيد**Hardship** : معاناة**Medal** : ميدالية**Qualifying** : التصفيات

رائع

Remarkable : The same meaning as wonderful.

بشدة

Severely : You have a severe headache لديك صداع شديد

اللتواء

Sprain : You feel pain in your leg when your fall. عندما تشعر بالألم نتيجة وقوعك على ساقك.

متورمة

Swelling : When you fell on your hand becomes swollen. إذا سقطت على يدك وأصبحت متورمة.

إنتصار

Triumph : Is the one who achieves successive victories هو الذي يحقق إنتصارات متتالية

منتصر

Victorious : Is someone Win. هو فوز شخص

حدث 100 متر

The 100 meter event : A foot race of a short distance. سباق الجري لمسافة قصيرة

إلى أعلى

to top of : To accomplish a goal in a way that exceed minimum requirement. لتحقيق هدف تتجاوز الحد الأدنى من المتطلبات

ساق المرشاة

The anchor leg : A position on a relay race. موضع في سباق التتابع

سباق التتابع

A relay race : A race in which runners pass a baton to another runner who the continues the race. سباق في المركز الثاني والتي يمرر العصا إلى عداء آخر ليكمل هو السباق.

كلمات قطعة اسرع امرأه في العالم

كلمات قطعة كرة السلة

Reading 2 : wheelchair basketball. كرة سلة للمقعدين

يكافئ

Award: If you win at the Olympic Games get gold medal. فوز المتباري بالالعاب الاولمبية يمنح

حدود

Boundary: On the basketball court if there are lines crossed the ball into a corner or Fowl. يه ذهيبه

في لعبة كرة السلة هناك حدود إذا تخطتيا تصيح ضربه ركنيه

يعتمد

Depend: Is to rely on yourself to do something that does not depend on other

people. هو أن تعتمد على نفسك دون مساعدة الاخرين

ذوي الاحتياجات الخاصة

Disability: Owners of disability and special needs. أصحاب الاعاقة والاحتياجات الخاصة

يدحرج

Dribble: When you roll the ball to another player. عندما تمرر الكرة إلى لاعب اخر

حلقة أو طارة

Hoop: Is a circular ring into by the ball. هي الشبكة التي تدخل بها الكرة

يتحمل

Incur: to resist. يقاوم