

القطعة الأولى

Perhaps no Olympic champion had greater childhood hardships than Wilma Rudolph. When she was very young, Wilma had to walk with a brace on her left leg until she was 11 years old. Nine years later, she would win three gold medals at the 1960 Rome Olympics-becoming one of America's most beloved athletes.

But Wilma's triumph in Rome did not begin well. The day before her qualifying race in the 100-meter event, she tripped over a water pipe and severely sprained her ankle. But that night, the swelling went down. Wilma would make it to the starting line, but she had to keep her ankle taped throughout the Olympics.

Despite the injury, Rudolph won the gold medal in the 100-meter race. Even more remarkable, she won another in the 200 meters. Then to top off her glorious day, Wilma ran the anchor leg on the victorious 4 x 10 relay team. Rudolph became the star of the 1960 Olympic Games as newspapers all over the world called her "the fastest woman in the world."

1. The word *hardship* means :

- a. Times of ease
- b. Difficult times
- c. team
- d. Piece of cake

2. The fastest woman in the 1960 Rome Olympics is

- a. Wilma schnider
- b. Wilma Rudolph
- c. Wilma rome
- d. Filma

3. She won gold medals in the Rome Olympics.

- a. Two
- b. Three
- c. Five

d. Thirteen

4. She became one of most beloved athletes.

a. Italy's

b. America's

c. Rome's

d. Jamaica's

5. She tripped and sprained her ankle before the

a. 200 – meters event

b. 100-meter event

c. Relay race

d. 300 –meter race

6. Wilma is from

a. Italy

b. America

c. Sudan

d. Australia

القطعه الثانيه

The game of basketball is enjoyed by many people around the world. It is perhaps the most popular indoor sport in the United States. The object of the game is to **score** points by shooting a ball through a **hoop**. The game is played by two teams, each consisting of 12 players and a coach, with five players from each team on the court at any one time.

In the past, people with **disabilities** were not able to play basketball, but in the late 1930s, **modifications** were made to the game so that **paraplegics** could play as well. Most paraplegics **depend** on **wheelchairs** to be able to move around. Since paraplegics still have use of their arms, they are able to go up and down the length of the basketball court in their wheelchairs and shoot baskets.

In ordinary basketball, the ball can be moved by "**passing**" it from one player to another, or by "**dribbling**" in which the player bounces the ball as she or he moves. The ball may not be held for more than one **pace**.

Another modification of the rules of ordinary basketball involves lane violation. A Player with the ball is ordinarily allowed to stay in the dark, rectangle-shaped lane in front of the basket for only three seconds. In Wheelchair basketball, players are given an extra second. This extra second gives them a little more time to move around other wheelchairs. If a player stays in the lane for more than four seconds, she or he incurs a lane violation and the ball is given to the other team.

Other violations include the out-of-bounds violation and a physical advantage violation. In an out-of-bounds violation, a player's wheelchair touches the **boundary** lines around the outside of the basketball court. A physical advantage violation is one in which a player rises from his or her chair. In this case, the opposing team is **awarded** two free throws.

The rear wheels are about the size of a bicycle's wheels, and there are one or two small front wheels called casters. Basketball wheelchairs are made from materials that are lightweight **but** strong. Because they are specially designed, they can be quite expensive.

The game of wheelchair basketball can be exciting to watch. Since they use their upper bodies so much, wheelchair basketball players often develop into powerful shooters, and they are capable of some amazing shots.

27- the most popular indoor sport in the United States is

- a . **Basketball**
- b. Football
- c. Wheelchair basketball
- d. Tennis

28- Basketball is played by teams.

- a . **Two**
- b. Four
- c. One
- d. Three

29- each team consists of players.

- a . 10
- b. 12**
- c. 14
- d. 5

30- In the late , modifications were made to the game.

- a . 1940s
- b. 1930s**
- c. 1903s
- d. 1950s

31- The word modification means :

- a .change**
- b. keeping the same thing
- c. substitution
- d. score

35.- The meaning of the word **Pace** is

- a. speed
- b. step**
- c. pass
- d. peace

36. The opposite of the word *easy* is

- a. simple
- b. good
- c. **hard**
- d. Tender

37. The opposite of the word *down* is

- a. **up**
- b. near
- c. in
- d. beneath

38. The opposite of the word *heavyweight* is

- a. Heavy
- b. small
- c. **lightweight**
- d. extra-weight

39. The object of basketball game is to score points by shooting a ball through a

- a. goal
- b. **hoop**
- c. bag
- d. net

40. The opposite of the word *allowed* is

- a. possible
- b. impossible
- c. **disallowed**

d. can be

41. In the game of basketball, the ball may not be held for more than pace.

a. one

b. two

c. four

d. three

42. A wheelchair player can dribble by placing the ball on his or her

a. arms

b. hand

c. lap

d. Wheelchair

43. Wheelchair basketball players use their so much.

a. Lower bodies

b. legs

c. upper bodies

d. heads

44. When a player rises from his or her chair, this violation is considered as a :

a. Physical advantage violation

b. traveling violation

c. out-of-bounds violation

d. arm violation