

# Present

Tense	Verb Form	Examples	Time Line
Simple present	Plays	I plays football every day .	
Present Progressive	Am \ is \ are + Playing	I am playing football .	
Present perfect	Have \ has + verb in past participle	I have played football for three years . He has played football since last week .	
		I have played football three times so for this week .	
Present perfect Progressive	Have \ has + been + playing	I have been playing football since five o'clock . I have been playing football for two hours .	