



THIRD LIVE SESSION

Circle the correct words to complete the conversation.

Karl Wow! What a mess.

Matt Are all of these things **our** / **ours**?

Karl No, they're things people forgot when they left the class gathering yesterday.

Matt Well, I'm looking for **my** / **mine** jacket.

Karl Is this jacket **your** / **yours**?

Matt No, that's not **my** / **mine**. **My** / **mine** jacket is blue. I guess that's Felipe's.

Karl No, it's not **him** / **his**. Felipe's jacket is gray.

Matt Oh, well. Wow! Look at those books. Whose are they?

Karl I think they're the teachers'. Yeah, these are **their** / **theirs**.

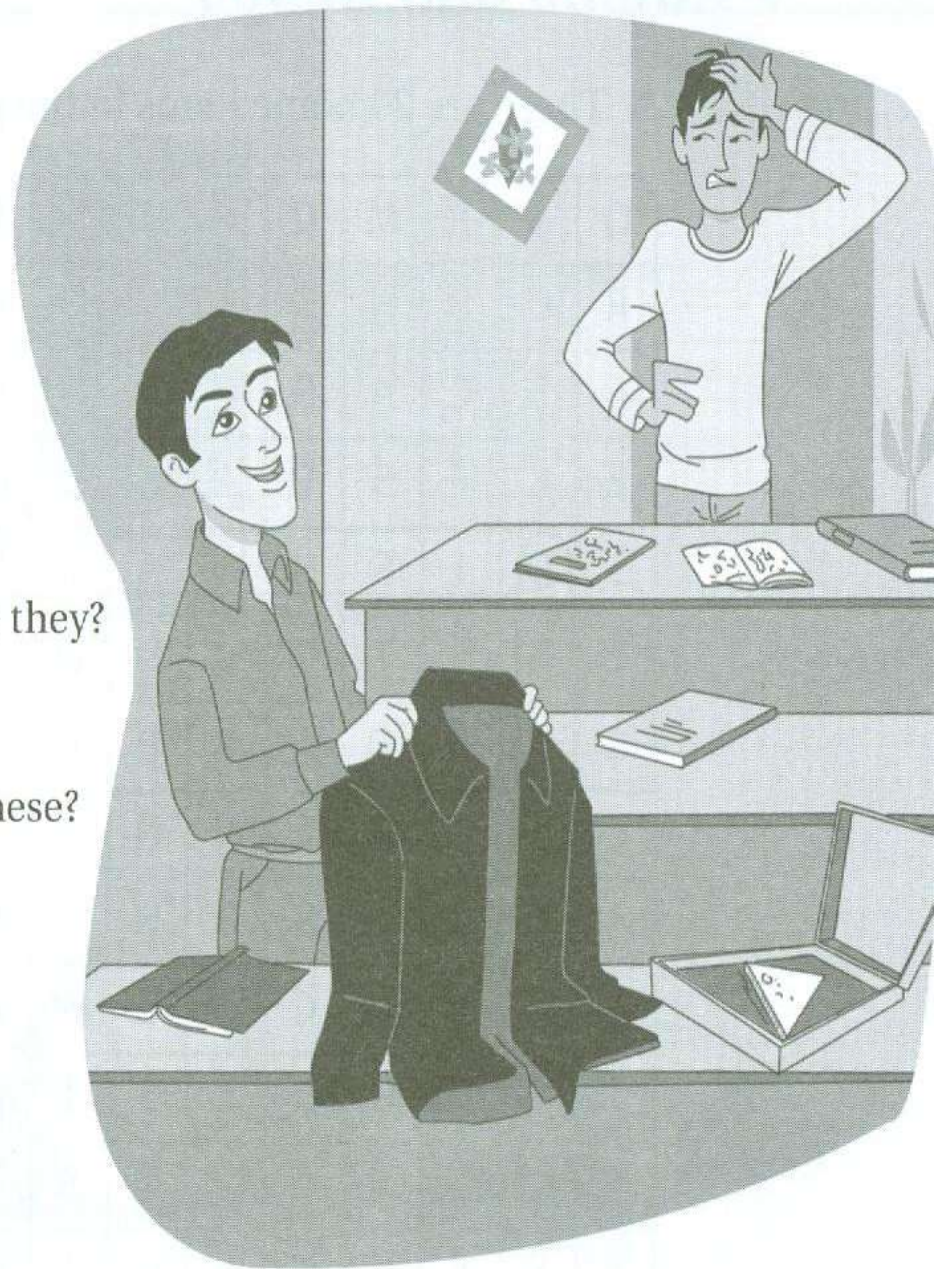
Matt Oh, yeah, . . . right. Hey, whose magazines are these? Are they James's?

Karl No, they're not **him** / **his**. Can't you read? They say "Andy."

Matt No, I can't. I lost **my** / **mine** glasses, too!

Karl Wait a minute. Is this **your** / **yours** jacket?

Matt Yes, thanks! You're amazing. Now, do you think you can find **my** / **mine** glasses?



Reading Section

- 3 Passages
- 2 seen and 1 unseen
- 10 Questions
- All Questions are MCQs

Some Young People's Hobbies

There are many hobbies and hobby sites on the Internet. Camping and chess sites are two of them. Although these two hobbies are very different, they have one thing in common: both are very popular with young people. Why?

One reason camping is so popular is because it's cheap. There are campgrounds around the world, and they're all different. Some have indoor swimming pools and restaurants. Others don't even have water! But the areas near campgrounds are almost always beautiful.

Camping is relaxing. Campers can get up early in the morning and cook breakfast with their family. They can spend the day swimming, fishing, going hiking in the mountains, looking at wildlife, or just reading. There's usually no noise, no traffic, and no stress. Campers usually sleep very well at night.

And what about chess? It's cool now, but in the past not many young people played the game. A lot of young people got interested in learning chess when they saw it on TV. And many famous people enjoy playing chess. Young people often follow what famous people do, even if it's chess!

More and more schoolchildren are learning the game. Many schools have chess clubs, and there are national competitions every year. And people can play chess on computers, too. That means a person can compete against a computer, or can even play against a friend or cousin on the Internet. You can play chess anywhere – even when you're camping!

Sleep and Stress

Sleep is very important to keep you healthy and happy. If you feel really stressed it's possible that you're not sleeping well at night or getting enough rest. This can affect your ability to concentrate and do your job or study.

Here are some techniques to help:

Stop work about half an hour before you go to bed and don't watch TV.



Don't drink strong tea or coffee, or eat very sweet things. Have a meal with rice or pasta as they can make you sleepy. If you don't like reading, turn on the radio and listen to a discussion. Find a show where people are talking. Sometimes the sound of someone's voice can relax you. If you can't sleep

because you're worrying, get up and do something different. Try something quiet and calming like a crossword puzzle. Some people like to wash the dishes or clean things around the house.

Be sure to get some exercise every week. Try tennis, go swimming, or play golf. These activities all help you with stress and they're fun.

Some sports, like running and weight lifting don't help because they put a lot of strain on your body and that can mean more stress.

Above all, don't worry if you're not sleeping!



Reading Questions;

1.If you feel really stressed :

- a. it keeps you healthy and happy.
- b. sleep is not important .
- c. you need to eat before sleep.
- d. it means you're not getting enough sleep.

2.Before you go to sleep you should:

- a. Don't watch TV.
- b. Watch TV.
- c. stop work before half an hour.
- d. a&c.

3.Before you go to sleep you should have:

- a. rice or pasta
- b. strong tea and coffee
- c. very sweet things
- d. chicken



Time to celebrate!

An invitation to a wedding

Different countries celebrate weddings with different traditions. Here are some traditions in the U.S., the United Kingdom, and Australia:

Before the wedding

Before the wedding, the bride's family sends out invitations. Some weddings happen at midday; others happen in the afternoon or morning.

The bride and groom go to with their families for a wedding ceremony. At the ceremony, the bride and groom make promises. Then they sign the wedding register. The main bridesmaid, usually a friend or relative of the bride, holds the bride's flowers in the ceremony. After the ceremony, the bride and groom usually travel together to the reception in a large car, decorated with ribbons.

The reception

The reception happens at the bride's house, a hotel or large country house. Before the reception, a photographer takes photos of the bride and groom and their families. The photographer also takes more photos at the reception. All the guests enjoy a meal together. At the end of the meal, some people make speeches. They wish the bride and groom 'good health' and 'great happiness'. Then the bride and groom cut their wedding cake – this is a good chance to take photos.

After the wedding, the bride and groom leave the reception and go on vacation together. This is called a 'honeymoon'. When the guests leave, they often receive a small bag of 'Jordan almonds'—nuts covered in sugar—to take home with them.

A Walking Tour of San Francisco's CHINATOWN

San Francisco's Chinatown is the largest Chinese community on the West Coast of the U.S. and is now home to over 14,000 people. Chinese settlers came here as early as 1846, opening businesses near Portsmouth Square.



1. The tour begins at the **Chinatown Gate** at the intersection of Bush Street and Grant Avenue. Walk north on Grant – a busy street of shops selling souvenirs, jewelry, artwork, furniture, cameras, and electronics.

2. At the corner of California and Grant, look around **Old St. Mary's Cathedral** (1891) and its display of historic photographs of 19th-century Chinatown.



3. Across from the cathedral on California is **St. Mary's Square** – a quiet park with a statue of the Chinese revolutionary leader Sun Yat-sen.

4. Opposite the cathedral on Grant, the **Ching Chung Temple** welcomes visitors and has year-round guided tours.

5. Continue north on Grant, and turn right on Clay Street. Then turn left into **Portsmouth Square**, and watch local people play cards or Chinese chess.

6. Take the footbridge across Kearny Street to the **Chinese Culture Center**. Here there are exhibitions of Chinese and Chinese-American art, as well as a permanent display of Chinese musical instruments. It's well worth a visit.

7. Return to the square, and turn left onto Washington Street. On the left is the **Old Chinese Telephone Exchange**. Now a bank, the exchange opened in 1909. Operators had to speak English and five Chinese dialects.



8. Continue west on Washington, and turn right into Ross Alley. Near the end of the block is the **Golden Gate Fortune Cookie Company**, where you can sample the fortune cookies.

This is where your tour ends. We hope you enjoy your tour of San Francisco's Chinatown.



AT HOME – How **typical** are you?

Do you make your bed every day? Do you try to save electricity at home? Are you a pack rat? Read about the home habits of Americans – are they the same as yours?

Making beds and doing dishes

74% of people make their beds every morning. 5% *never* do. And 3% actually change their sheets every day.

Do you wash the dishes right after eating? 58% of Americans do, but 5% let theirs sit for two or more days!



Neat and tidy

Are you an organized person? 13% of people alphabetize their books and CDs, or organize them in some way!

The average home has 13 cleaning products around the house.

Pack rats

How long do you save magazines? About half the population throws away old ones after six months. But 20% keep them for years and years.



Lights out

Are you careful about saving electricity? 25% of people turn off the light when they leave a room. 8% never do. Four out of five leave the lights on when they go out at night.



Who does the laundry?

Men do 29% of the 419 million loads of laundry washed each week. Almost all unmarried men do at least one load a week.

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1. _____ people never do their beds.

- a. All
- b. Most
- c. A few
- d. Some

2. _____ of Americans don't do the dishes after eating.

- a. 5%
- b. 3%
- c. 74%
- d. 58%

3. _____ of American people throw away old magazines.

- a. about 20%
- b. about 25%
- c. about 74%
- d. about 50%

1. _____ people leave the lights on when they go out at night.

- a. All
- b. Most
- c. A few
- d. Some

2. Almost all unmarried men do _____ of laundry a week

- a. only one load
- b. three loads
- c. one load or more
- d. no load

3. _____ of people don't organize their in a specific way

- a. 87%
- b. 29%
- c. 13%
- d. 25%

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Somewhere different...

Three of our fearless travel reporters checked out some very unusual hotels.



Dive into the lobby. . . .

Most divers go underwater to see fish and coral reefs. But in Florida, in the U.S., you can also stay at the world's only underwater hotel. It takes about an hour to dive down to the **Jules Undersea Lodge**. Then you swim up into the pool in the lobby to check in. The rooms are small, so you should only take a few things. Fortunately, the hotel packs them in a waterproof container and takes them there for you.

Salt, salt, everywhere . . .

The **Hotel de la Playa** in Bolivia is certainly different. It's almost completely made of salt – the walls, tables, chairs, and even the beds. Everything except the toilets! While we were there, we visited Fisherman's Island with its fabulous 12-foot cacti. It's fun to rent mountain bikes to go and see the salt hills, lakes, and hot springs. Just be sure to take sunglasses – the sun gets extremely bright.



A place to chill out . . .

It's a pretty long way to go to stay at the **Ishotellet** (Ice Hotel) – 100 miles north of the Arctic Circle in Sweden. But it's definitely worth the effort. It's hard to imagine sleeping on an ice bed, but with a reindeer skin and a good sleeping bag, I was warm. And my wake-up call came with a hot drink. You can always go to the sauna to get warm, too. The hotel has an art gallery, a chapel, a movie theater, a disco, and a fabulous ice fireplace in the lounge. Make sure you check out of the hotel before it melts in the spring! But don't worry – they rebuild it every winter.



Dive into the lobby. . . .

Most divers go underwater to see fish and coral reefs. But in Florida, in the U.S., you can also stay at the world's only underwater hotel. It takes about an hour to dive down to the **Jules Undersea Lodge**. Then you swim up into the pool in the lobby to check in. The rooms are small, so you should only take a few things. Fortunately, the hotel packs them in a waterproof container and takes them there for you.

1.The hotel is:

- a. on water
- b. above water.
- c. under water
- d. over water

2.You must _____ to get to the hotel

- a. walk
- b. dive
- c. swim
- d. run

3.You can take _____ with you.

- a. some things
- b. a suitcase
- c. a bag
- d. a lot of things

1. _____ in the hotel is made of salt.

- a. Everything
- b. Almost everything
- c. Some things
- d. Nothing

2.If you want to go there, don't forget to take:

- a. a mountain bike
- b. cacti
- c. sunglasses
- d. salt

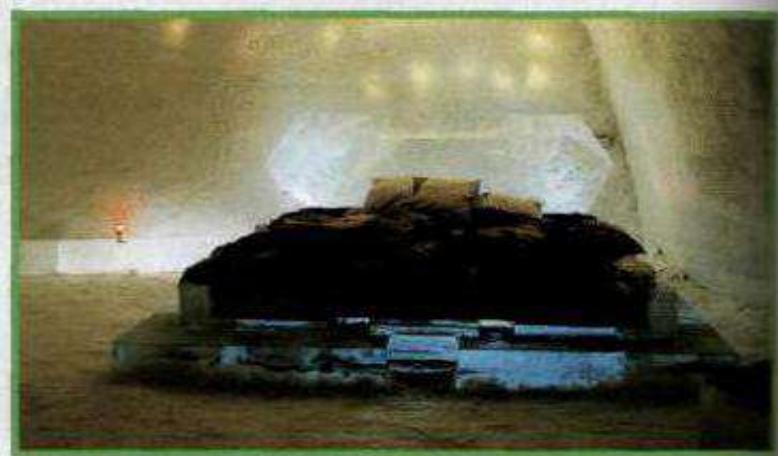
3.It's fun to see _____ there.

- a. the nature
- b. the bright sun
- c. the mountain bikes
- d. the sea

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1.It's _____ to get to the hotel

- a. hard
- b. easy
- c. not difficult
- d. impossible

2.In the hotel, you will sleep in:

- a. a sleeping bag
- b. an ice bed
- c. a reindeer skin
- d. the ground

3.The best time to go there is

- a. in spring
- b. in summer
- c. before winter
- d. in the middle of winter