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| ***المحاضرة الأولى*** | | | |
| **Meaning** | **Word** | **Meaning** | **Word** |
| **غاضب** | **Angry** | **فخور** | **Proud** |
| **متحمس** | **Excited** | **طماع** | **Greedy** |
| **فرحان** | **Happy** | **ناعس** | **Sleepy** |
| **جائع** | **Hungry** | **عطشان** | **Thirsty** |
| **متألم** | **Hurt** | **مرتاح** | **Relaxed** |
| **حزين** | **Sad** | **حائر** | **Confused** |
| **قلق** | **Worried** | **محب** | **Loving** |

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| ***المحاضرة الثانية*** | |
| **Meaning** | **Word** |
| **مبنى** | **Building** |
| **مختلف** | **Different** |
| **جيران** | **Neighbors** |
| **مزدحم** | **Crowded** |
| **أمام** | **Front** |
| **صيدليه** | **Drugstore** |

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| **Meaning** | **Word** | **Meaning** | **Word** |
| **كبير** | **Large** | **صغير** | **small** |
| **حب** | **Love** | **كره** | **Hate** |
| **متسخ** | **Dirty** | **نظيف** | **Clean** |
| **خطير** | **dangerous** | **آمن** | **Safe** |
| **غالي** | **expensive** | **رخيص** | **Cheap** |
| **أعزب** | **single** | **متزوج** | **Married** |
| **جائع** | **Hungry** | **شبعان** | **Full** |
| **مريض** | **sick** | **صحي** | **healthy** |
| **صعب** | **difficult** | **سهل** | **easy** |
| **ممل** | **boring** | **ممتع** | **interesting** |

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| ***المحاضرة الثالثة*** | | |
| **المعنى** | **Meaning** | **Word** |
| **نســخ** | **Write the same thing** | **Copy** |
| **رائــع** | **Very, very good, fantastic** | **Wonderful** |
| **الكثافة السكانية** | **Number of people in one squire mile** | **Population** |
| **مزدحــم** | **Having lots of people in one place** | **Crowded** |
| **متوحش أو وحش** | **Fearful Creature** | **Monster** |
| **غاية في السوء** | **Very Bad** | **Terrible** |
| **خائف** | **frightened** | **Afraid** |
| **مركز تسوق** | **Shopping center** | **Mall** |
| **كبير جدًا** | **Very big or large** | **Huge** |
| **ترك شيء ما – اقلع عنه** | **Leave – give up** | **Quit** |

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| ***المحاضرة الرابعة*** | | |
| **المعنى** | **Meaning** | **Word** |
| **موقف للسيارة** | **A place to park your car** | **Garage** |
| **عميل - زبون** | **People who buy** | **Customers** |
| **الربح** | **Money you earn in business - interest** | **Profit** |
| **يشتري** | **buy** | **Purchase** |
| **يختار** | **Select** | **Choose** |
| **يبحث عن** | **Look for** | **Search** |
| **خبير في الأطعمة** | **A specialist in food** | **Gourmet** |
| **وحيد** | **Separated from others – nobody with you** | **Alone** |
| **أصناف** | **Classifications** | **Categories** |
| **سهل** | **Opposite of Difficult** | **Easy** |

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| ***المحاضرة الخامسة*** | | |
| **المعنى** | **Meaning** | **Word** |
| **أساسي** | **The most important things** | **basics** |
| **جيل** | **A single state in a family history** | **Generation** |
| **يتزوج** | **A state of being husband and wife** | **marriage** |
| **المعدل** | **The normal standard** | **average** |
| **واحدة منها, أيضاً كتوكيد** | **one of the two / so /** | **either** |
| **أيضاً أداة توكيد** | **very / so /** | **too** |
| **شوي** | **Preparing meat on fire** | **barbecue** |
| **فرع** | **one of the main Parts** | **branch** |
| **قريب للعائلة** | **a member of your family** | **relative** |
| **حفلة زفاف** | **A marriage ceremony** | **wedding** |
| **خيار آخر / بديل** | **Do things in turn with another one** | **alternate** |
| **يناقش** | **Discuss angrily / debate** | **argue** |
| **نزهه بريه/نزهه قصيرة** | **a short journey with food** | **picnic** |
| **ممتد** | **Made larger or longer** | **extended** |
| **لهجة-لكنه** | **Accent** | **dialect** |
| **مدونه على الانترنت** | **A website that belong to a person** | **blog** |
| **اجتماع /جمع شمل** | **Rejoin** | **Reunion** |
| **فريق** | **A group of people/ players** | **team** |

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| ***المحاضرة السادسة*** | | | |
| **صفــة** | **Adjectives** | **اســم** | **Nouns** |
| **يتحدث لغتين بطلاقة** | **Bilingual** | **مشروب** | **Beverages** |
| **مزمن - عضال** | **Chronic** | **ضغط الدم** | **Blood pressure** |
| **صحي** | **Healthy** | **عقل - دماغ** | **Brain** |
| **عقلي** | **Mental** | **مــرض** | **Diseases** |
| **فيزيائي ( جسدي )** | **Physical** | **الطعام الغير صحي** | **Junk food** |
| **قليل النوم( أرق )** | **Sleep- deprived** | **القلق** | **Stress** |
| **وزن زائد** | **Overweight** | **التجاعيد** | **Wrinkles** |
|  |  | **طبيب أسنان** | **Dentist** |
|  |  | **اصبع قدم** | **Toes** |

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| **حـــــال** | **Adverb** | **فعـــل** | **Verb** |
| **غالباً** | **Often** | **عمــر** | **Age** |
| **أبداً– نهـائيًا** | **Never** | **تحطم/ تضرر** | **Damage** |
| **احيـانًا – في بعض الأحيـان** | **Sometimes** | **تمـرين** | **Exercise** |
|  |  | **حل مشكلـة** | **Solve** |

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| ***المحاضرة السابعة*** | | | |
| **صفه** | **Adjectives** | **اسم** | **Nouns** |
| **نشيط** | **active** | **إحساس/ مشاعر** | **feelings** |
| **يتساوى** | **equal** | **تسلسل هرمي/ تدرج** | **hierarchy** |
| **خاص** | **private** | **أوامر** | **orders** |
| **عام** | **public** | **موقع** | **position** |
|  |  | **عبارة** | **phrase** |
|  |  | **تسوق** | **shopping** |

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| **حال** | **Adverb** | **صفة** | **Verb** |
| **إعتماداً على** | **According to** | **يعتذر** | **apologize** |
| **أبداً** | **never** | **يتفاخر** | **brag** |
| **أحياناً** | **sometimes** | **يصلح** | **fix** |
|  |  | **يحب** | **love** |

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| ***المحاضرة الثامنة*** | | | |
| **صفه** | **Adjectives** | **اسم** | **Nouns** |
| **مستيقظ** | **Awake** | **دليـل** | **Evidence** |
| **قلق** | **Anxious** | **هورمون** | **Hormone** |
| **مألوف** | **Familiar** | **عالم نفس** | **Psychologist** |
| **معقد** | **Complicated** | **الإحساس / العاطفة** | **Emotions** |
|  |  | **رمز** | **Symbols** |
|  |  | **رؤيـة** | **Vision** |
|  |  | **منطقي** | **Logic** |
|  |  | **سبب** | **Reason** |
|  |  | **رأي** | **Opinions** |

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| ***المحاضرة التاسعة*** | | |
| **المعنى** | **Meaning** | **Nouns** |
| **البيئــة** | **The condition we live in – everything around** | **Environment n** |
| **الشـدة – والضيقـة** | **Problems in life - pains** | **Hardships n** |
| **مـراهق** | **A person's age between 13 and 19** | **Teenager n** |
| **مقـارنـة بـ** | **A big or strong difference** | **Contrast n** |
| **جريمــة** | **illegal behavior like killing Or stealing** | **Crime n** |
| **مشـاعر و أحاسيس** | **Love, anxiety, joy - feelings** | **Emotions n** |
| **رؤيــة** | **A picture** | **Vision n** |

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| **المعنى** | **Meaning** | **فعل/ Verb** |
| **تطــوع** | **Work to free** | **Volunteer v** |
| **يطلـق سـراح** | **To let things – persons free** | **Release v** |
| **تحضيــر/ استعداد** | **To get ready** | **Prepare v** |
| **توصيــل** | **Take things to destination – hand on** | **Deliver v** |

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| **المعنى** | **Meaning** | **Phrase Verb** |
| **يعتنــي بـ** | **Look After** | **Take care of PV** |

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| **المعنى** | **Meaning** | **صفة/ Adjective** |
| **مشهـــور** | **Well-known** | **Famous Adj** |
| **وحيــد** | **Begin without any people around** | **Lonely Adj** |
| **صعب المراس – مجهد – قاسي** | **Very hard - Strong** | **Tough Adj** |
| **مرح – متعـة** | **Happiness or enjoyment** | **Fun Adj** |
| **ســريع** | **quickly** | **Fast Adj** |

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| ***المحاضرة العاشرة*** | | |
| **المعنى** | **Meaning** | **Nouns** |
| **حميـة** | **Special food for sick or for slimming** | **Diet n** |
| **وجبـة خفيفــة** | **A small or light meal between main meals** | **Snack n** |

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| **المعنى** | **Meaning** | **فعل/ Verb** |
| **يحصـل على شيء** | **Win or get something** | **Gain v** |
| **ينضم إلى شيء** | **Meet or unite** | **Join v** |
| **يعمل – يؤدي وظيفة – ينجح بشيء ما** | **Do – Succeed – have a job** | **Work v** |
| **يغلي** | **Heat in water** | **Boil v** |
| **يخبـز** | **Heat in fire** | **Bake v** |
| **يقـلي** | **Heat in oil** | **Fry v** |

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| **المعنى** | **Meaning** | **الارتباط / Conjunction** |
| **بـ إستثناء / ما عدا / إلا** | **Apart from** | **Except Conj** |

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| **المعنى** | **Meaning** | **صفة/ Adjective** |
| **جذاب – جميل جدا** | **Very beautiful** | **Attractive Adj** |
| **غير مطبوخ - نيئ** | **Not Cooked** | **Raw Adj** |
| **نحيف بطريقة جذابـة** | **Thin in an attractive way** | **Slim Adj** |
| **وزن زائـد** | **Fat – the opposite of slim or thin** | **Overweight Adj** |
| **مقـرف** | **Old, Smelly and bad** | **Disgusting Adj** |
| **لـذيـذ** | **Very pleasant taste** | **Delicious Adj** |

**ملاحظة:**

**المحاضرة الحادية عشر والثانية عشر**

**ما فيها كلمات مطلوبة للحفظ**

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| ***المحاضرة الثالثة عشر*** | | |
| **المعنى** | **Meaning** | **Nouns** |
| **نوع / صنف** | **Kinds of living things** | **Species (N)** |
| **سلوك** | **Way of acting** | **Behavior (N)** |
| **بذور** | **The small hard part of a plant** | **Seeds (N)** |
| **شخصية** | **Character / qualities and features of a person** | **Personality (N)** |
| **متحف** | **A building where old things are shown** | **Museum (N)** |
| **شاطئ** | **Sea or ocean beach/ shore** | **Coast (N)** |
| **سخرية** | **Comment in a joking way** | **Irony (N)** |

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| **المعنى** | **Meaning** | **فعل/ Verb** |
| **يحسب/ يعد** | **Calculate or say 1, 2, 3……** | **Count (V)** |
| **يختفي** | **Be impossible to see/ stop existing** | **Disappear (V)** |
| **يفضل - يحب** | **Like** | **Prefer (V)** |
| **يستمتع** | **To be happy in doing something** | **Enjoy (V)** |
| **يسافر** | **To move from a place to another** | **Travel (V)** |

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| **المعنى** | **Meaning** | **حال/ Adverb** |
| **معاً / مع بعض** | **With each other/ opposite of apart** | **Together (adv)** |

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| **المعنى** | **Meaning** | **صفة/ Adjective** |
| **ممل/ ضجر** | **Feel uninterested** | **Bored (adj)** |
| **ذكي** | **Very clever** | **Intelligent (adj)** |
| **قلق** | **Anxious or unhappy** | **Worried (adj)** |

**مع تمنياتي لكم بالتوفيق والنجاح**

**أخوكم/ أبو يزيد**